

PREPARING FOR YOUR

Family Photoshoot

WHAT TO EXPECT

My style is 'lifestyle photography' which does what it says on the tin – documenting your real family life. I tend to start off with some lightly posed shots to get into the swing of things then I'll set you off with some prompts and just capture your natural interactions as a family! It can be great to include something you love to do together such as reading a favourite book or playing a game, so have a think about what might work for you. It's also helpful to have some snacks on hand for any little ones if we're out and about!

HOW TO PREPARE

For **outdoor** sessions, the main things to think about are timing and location. During 'golden hour' - one hour before sunset or one hour after sunrise - pretty much any outdoor location works well due to the soft, even lighting when the sun is low. However these timings don't always fit in with family life! At other times of day it is best to choose outdoor locations with plenty of shady areas nearby, such as buildings or woodland.

Indoor sessions can be scheduled any time within daylight hours. Before your session, just have a quick tidy around the main areas we plan to shoot in, usually the living room, kitchen and master bedroom. It doesn't need to be perfect! Just put away any clutter, make the bed and open any curtains or blinds to let in all that lovely natural light.

OUTFIT CHOICES

Styling your family may feel overwhelming, but following these simple tips will make it easy and enjoyable!

1. Start with one key outfit – pick out a favourite piece for one family member, maybe Mum's dress or baby's romper. This will be your starting point to fit the other outfits around.
2. Style the rest of the family to tone in – choose complimentary colours and avoid loud patterns. Neutrals and earthy tones always work well and Pinterest is your friend for searching colour palettes!
3. Make sure everyone is happy with their outfit so they will be comfortable and relaxed during the session.

Not sure what to choose? Feel free to take some photos of your outfit combinations and send them over, I'm happy to advise!

